



OVERVIEW OF SPECIALIZED SERVICES PILLAR REFERENCE GUIDE

UJA-FEDERATION OF NY INITIATIVES:

- **PARTNERS IN CARING**

Our 15 member Synagogues are provided our full array of Specialized Services through your Temple's designated PIC Social Worker.

Contact: Audrey Bernstein, LMSW, PIC SW & Support Group Coordinator, ext 211, abernstein@sjcc.org

Randy Hight, LCSW, PIC Social Worker & Strength to Strength Coordinator, ext. 213, rhight@sjcc.org

Margy Ringelheim, LMSW, PIC Social Worker, ext 196, mringelheim@sjcc.org

- **CONNECT TO CARE**

Free services and programs for those affected by the current economic environment, including employment and career transition services, workshops, financial consultations, legal services, networking events.

Contact: Peggy Jaeger, Director of UJA & Community Initiatives, ext.177, pjaeger@sjcc.org

- **ENGAGE Jewish Service Corps**

A new model of volunteering created for a generation of game-changers utilizing the best in all of us to make a difference in the greater Jewish community.

Contact: Susan Berman, Engage Community Organizer, ext. 202, sberman@sjcc.org

- **SUPPORT GROUPS AND INDIVIDUAL SHORT-TERM COUNSELING**

Small, confidential, age and life-stage appropriate groups facilitated by caring, professional social workers.

Additionally, we offer short-term individual counseling for youth, teens, adults and seniors.

Bereavement, Divorce/Separation, Caregiver, Sandwich Generation, Unemployment/Underemployment, Womens' Transition...and many other life changing issues are explored with our caring, experienced social workers.

Contact: Audrey Bernstein, LMSW, PIC Social Worker & Support Group Coordinator, ext 211, abernstein@sjcc.org

- **FREE CANCER WELLNESS PROGRAM: "STRENGTH TO STRENGTH"**

Professionally facilitated groups providing exercise and conversations tailored to the special needs of individuals recovering from, or actively engaged in, a cancer treatment regimen.

Contact: Randy Hight, LCSW, Strength to Strength Coordinator, ext. 213, rhight@sjcc.org

- **AUTISM & OTHER DEVELOPMENTAL NEEDS**

Social, recreational, and respite programs and special events for children, teens, young adults and adults, as well as workshops and support groups for their family members.

Contact: Pam Zimmer, M.S.Ed, Special Needs Coordinator, ext 148, pzimmer@sjcc.org

For Vocational Services & OPWDD funded programs, contact: Lisa Warren, LCSW, Director of VTEC (Vocational Training & Employment Center) and OPWDD Programs, ext 175, lwarren@sjcc.org

- **ALZHEIMER'S, YOUNG ONSET DEMENTIA & OTHER CHRONIC CONDITIONS**

Programs and services providing special support for those of any age with memory loss and/or other neurological impairments.

Contact: Taylor Herbert, LMSW, Dir. of Specialized Senior Services, ext. 114, therbert@sjcc.org

PARTNERS IN CARING STAFF

Randy Hight, LCSW
Michelle Laser, Director of Social Services

Audrey J. Bernstein, LMSW
Margy Ringelheim, LMSW

Our Warm Line is staffed by your caring, professional social workers.

CALL 516.484.1545, ext. 196

Phone calls are always free and confidential.